

# Awakening Heart

MEDITATION, MUSIC, MESSAGE & MORE



## SUNDAYS

5:30 - 7:30 PM @ UNITY CHURCH OF DALLAS

## TUESDAYS

7:00 - 9:00 PM @ UNITY CHURCH IN GRAPEVINE

## THURSDAYS

7:00 - 9:00 PM (see website for location)

## SATURDAYS

9:00 AM - 5:00 PM (see website for next retreat)

*"Manifest  
the Miracles  
of Mindfulness!"*

WITH **BROTHER CHISING**



[WWW.AWAKENINGHEART.ORG](http://WWW.AWAKENINGHEART.ORG)